



TUMKUR UNIVERSITY
UNIVERSITY COLLEGE OF SCIENCE
Tumakuru – 572 103

(Accredited with 'B+' Grade by NAAC)

Department of Physical Education
organises one day

National Conference on

**IMPACT OF NATIONAL EDUCATION
POLICY ON SPORTS, YOGA AND
WELLNESS**

-: Date :-

22 – March – 2024

-: Venue :-

Sir. M. Visvesvaraya Auditorium
University College of Science
B.H Road, Tumkur-572103

University College of Science

Tumkur University was established in 2004 by the Government of Karnataka to address the needs of the students in higher education in Tumkur district. The University has been recognized by the University Grants Commission under Section 12B & 2(f) of the U. G. C Act of 1956. The University is striving hard to transform the region into a truly developed educational hub by focusing on multidisciplinary approaches in the production and dissemination of knowledge.

University College of Science

University College of Science (formerly Government Science College) was established in the year 1940. In 2010, the college was taken into the folds of Tumkur University as a constituent college. Since its inception, the College has been growing as an institution of pride and reputation and has been recognized by University Grants Commission as a College with Potential for Excellence (CPE). Availability of qualified and efficient staff, the good infrastructural facilities, the innovative, interactive and need-based programmes have made the college a favourite choice of students for higher studies.

Department of Physical Education

The department of Physical Education is progressive in the path of providing holistic educational environment in the institution. With infrastructure facility that includes outdoor, indoor sports halls, yoga hall and gymnasium, the department provides a platform for the student to improve their health and physical fitness. The department conducts several training programs in various sports and games for the students as well as teachers. The department of Physical Education has been instrumental in conducting several outreach and national integrity programs.

About the Event

The National Education Policy (NEP) - 2020, introduced the physical education and sports as an integral part of the education by making it a compulsory unit of curriculum. With an intention to develop life skills such as collaboration, self-initiative, self-direction, self-discipline, teamwork, responsibility, citizenship, etc among the students and to help them adopt fitness, promote physical and psychological well-being while also enhancing cognitive abilities.

The conference intends to provide a platform for exchange of knowledge and experience on the following themes

Themes of the conference

Physical Education-Sports, Yoga and Wellness

- ✓ Opportunities and Challenges in NEP.
- ✓ Policy on Sports and Wellness.
- ✓ Sports and Games.
- ✓ Indigenous games and sports.
- ✓ Yoga and wellbeing.
- ✓ Nutrition and Balanced diet.
- ✓ Health & fitness.
- ✓ Sports event Management & career opportunities.
- ✓ Sports Infrastructure.
- ✓ Adventurous Sports.
- ✓ Sports journalism
- ✓ Self Defence
- ✓ First aid and injury management
- ✓ Professional ethics.
- ✓ Interdisciplinary approaches to physical education (NEP).

Call for Papers

The interested Academicians, Researchers, Scientists, research scholars and students are invited to submit their papers (oral presentations) on any of the above themes.

The participants are requested register and submit the abstract/full length articles using the following google form link:

<https://forms.gle/XkKnKta7AC8Y742V8>



Submission Guidelines

Front Paper: The name(s) of the author(s) must be clearly typed below the title with their affiliations. Mention the e-mail id of the corresponding author also.

Abstract: Papers shall be accompanied by an abstract of 500 words with maximum of five keywords. should be submitted through google form link shared on or before 01.03.2024. Souvenir containing abstracts will be published separately.

Full Paper: Original full-length articles not exceeding 3000 words in MS-Word format should be submitted on or before 10-03-2024. The type script having 12 font size, Times New Roman font style, A4 paper size, with 1.5 line spacing, justified, and 1 inch margin should reach yogamithra2024@gmail.com. The accepted papers after plagiarism check and review will be published in conference proceedings with ISBN. Soft copy of the conference proceedings (full length articles) having ISBN will be provided to the presenting authors.

-: Chief Patron :-

Prof. M. Venkateshwarlu

Vice-Chancellor, Tumkur University

-: Patron :-

Smt. Nahida Zam Zam

Registrar, Tumkur University

Dr. Prasanna Kumar K

Registrar (Evaluation), Tumkur University

Prof. Shet M. Prakash

Principal, University College of Science,
Tumkur University

-: Organizing Secretary :-

Dr. A M Manjunath

Director of Physical Education
Tumkur University

Mobile: +91 9448180513 | +91 9113508010

Email: Yogomithra2024@gmail.com

-: Conveners :-

Mrs. Swetha O. S.

Mobile: 9844111124

Mr. Jagadeesh K. B.

Mobile: 9110239679

Registration Details

| Registration Fees | PG/UG Students | Research Scholars | Faculty Members |
|-------------------|----------------|-------------------|-----------------|
|-------------------|----------------|-------------------|-----------------|

Indian Delegates (Offline)

Rs. 150 /-

Rs. 300 /-

Rs. 600 /-

Account Details

Ac/No 64083430622

IFSC Code:SBIN0040850

Finance Officer, Tumkur University

State Bank of India, Tumkur University Branch, Karnataka, India

Last date for Registration: 10.03.2024

*Registration includes conference kit, lunch and dinner along with tea/coffee shall be provided during the conference. Accommodation arrangements shall be made on payment basis.

Personals requiring accommodation are advised to contact the organizing secretary or conveners.

Organizing Committee

- Dr. Parimala B., Department of Zoology
- Dr. Lalitha H. M., Department of Zoology
- Dr. Nirmala B., Department of Chemistry
- Dr. Ramesh T. N. Department of Chemistry
- Dr. Bhagyalakshmi M. Department of Biochemistry
- Dr. Chethan Prathap K. N. Department of Physics
- Dr. Krishna, Department of Biotechnology
- Dr. Narahari N., Department of Mathematics
- Dr. Rajalakshmi A. Govanakoppa, Department of Library and Information Science